Stemcells-Stemselfs

- 1. Who are you ...really? ...what is your life all about? ...most people claim they would be devastated to even think they are just a random [11] happening in the universe! ...but, what if this is actually true? ...would this devastate you? ...does it bother you to consider that the universe itself is a random happening? ...if not, isn't it just as likely that you are a random event as well? ...if you want to be a purposeful happening [Book 14] ...are you willing to make yourself a purposeful happening?
- 2. Just as what occurs in the quantum world ...there is an equivalent occurrence in the natural world, ...what is in your body has an equivalence in your self and life! ...and what happens in your self and life ...has an equivalence in the natural world! ...so, no matter what we observe, your body or self or universe, there is an equivalence in the others!
- 3. Your body and self are the universe in miniature! ...what occurs in the universe occurs in your body and self in an equivalent way! ...and what occurs in your body has an equivalence in your self! ...however, before too long, we hope you will see that, in fact, the universe is yourself in miniature! ...therefore, in continuing this discussion, we will use big words to discuss you ...and your self and life, and little words to discuss your body ...and the natural world! ...and your becoming anew!
- 4. Your body is composed of many different cells ...all of which began as general purpose stemcells that particularized and personalized, in accordance with a DNA code, into purpose-specific cells that form your body! ...but those cells, no matter how versatile they are in forming every aspect of your body, only react ...just as the universe reacts as you command! ...those cells do not action your body ...your self does that! ...but wait! ...in speaking of your self, we are not saying that you possess a self ...you don't! ...and you are not a self! ...you derive benefits from your self, just as you derive benefits from your dentist, your auto mechanic, your grocer, your pastlives, your beliefs, every breath of your body, every moment of your life, and every stemcell of your body, but you do not oun any of these individuals or matters!
- 5. You derive many benefits from your stemselfs as the very foundation of you! ...stemselfs are like pastlives: they are yours ...but they are not you ...and you did not live them! ...you chose pastlives to be the provenance [Book 24] of your self! ...in the same way, you chose selfs and tried them on ...to discover whether they would suit you

and benefit you ...and properly portray you eternally and universally as you truly desire! ...but you are not those selfs ...and you don't own them! ...you are not even the self you think you are! ...you are a universalbeing making yourself suitably particular ...and personally eternal! ...or, of course, you can forsake yourself again to whatever happens!

6. Just as you are making your loaner DNA body yours and you, ...you are making your EGO self yours and you ...as well! ...for, without a self outside of yourself ...you could never know yourself!

Your parents created your body ...not you! ...therefore, your parents are your body's parents ...not your parents! ...and your siblings are your body's brothers and sisters ...not yours! ...your family is your body's family ...not yours!

Your body is a "loanerbody" ...to use and adapt as it is ...or individualize and personalize as you are ...and desire to be eternally and universally!

9f you identify closely with your starter body ...you will live and react emergently in accordance with its DNA code ...which is the way the universe continues, expands, and evolves life! ...and you will probably struggle endlessly with and against the code ...and be in conflict with your body, your parents, and your family! ...does this sound familiar? ...or desirable?

The stemcells of your loanerbody, following a DNA code of its ancestors, create the framework of a body for you to particularize and personalize as you desire! ...this DNA code also presents a stemself ...or loaneridentity, following an EGO code, for you to particularize and personalize as well! ...however, your "strong attachment" to your loanerbody keeps you from creating a real independent identity ...such that you take on your loanerbody's identity to be and live and become ...and struggle endlessly with and against! ...and frequently resent your father or mother ...or both! ...and your loanermemories as well!

Your starter body is a universal framework of DNA stemcells for you to make your own! ...and your starter self is a universal framework of EGO stemselfs for you to particularize and personalize as you desire to be!

- 7. If you have bonded to your loanerbody and self ...and not remade them to correctly portray you ...and serve as you truly desire, you are living as a stranger in your present body and life! ...you are living beliefs, thoughts, attitudes, emotions, words, and actions ...and desires and experiences ...and even memories that are not yours! ...and if you are living the talents and skills ...and dramas of your loanerbody and self ...you are alive as a stranger in your body and life ...as well! ...is it any wonder you have pains, problems, and afflictions? ...and doubts and uncertainties? ...do you really know what's going on in your body and life?
- 8. Have you ever felt like a stranger in your body ...as though it isn't really you? ...if you are still living your loanerbody and self ...it isn't you! ...and it isn't your body ...nor your self! ...have you ever felt the self you are living is not actually you? ...have you ever blamed your self and life ...and body on your parents? ...or faulted them for

the self and body ...and life you are living? ...isn't it possible you are still living your loanerself and body? ...that you are still struggling with and against a body and self that isn't you? ...feeling you lost your self and way is a sure sign you are living your loanerbody and self!

9. It seems that in "bonding" with your parents and family ...whick, by the way, are also loaners, you bonded with your body and self ...and didn't remake them to clearly portray you ...and serve as you truly desire!

9t is frequently declared that there are two worlds: a material world all around that you see, hear, taste, touch, and smell ...a world you live in and frequently speak about ...a world of friends and family ...of pleasure and grief ...a world of sickness and health, ...and there is a spiritual world within where you truly live ...and thrive! ...but, is this true? ...or is the "world within" merely a loanerworld ...while the world all around you is the environment you have chosen ...and dedicated yourself to live in and be part of?

- 10. You can and should change your loanerself and body to correctly portray you ... and serve you in the environment you truly desire without struggling against individuals and the world around you!
- 11. Is not it probable that you are still living as a stranger in a loanerworld? ...if so, do not look within for an image and realization of the world you desire, instead, look deeply within the world around you ...and you will discover the world you have chosen to live in and be part of ...and dedicate your self and life to! ...is that world as you would have it be for you ...eternally? ...of course, you can make the world within be the world you desire to be of! ...have you done that? ...or are you still struggling with and against your loanerbody and self?
- 12. If you are still living your loanerbody and self in a loanerworld ...you probably feel trapped and confined ...and struggle endlessly to get free! ...free from your loanerworld!

9t is frequently declared that most people are unilluminated ...that they are born and raised ignorant of their true identity! ...that they live a "false self"! ...now, do you understand that this is not a life without *god and spirit*, it is your living an embodied loanerself ...and believing that is you?

It has also been said for many many centuries that there is a trueself within you ...for you to discover and live! ...but, unfortunately, this "trueself" is considered mystical and spiritual, ...when, actually, it is a loanerself ...or stemself you have not transfigured to clearly portray you as a universalbeing ...and serve as you truly desire!

13. In living your loanerbody and self, in all likelihood you feel that you have been loaned this life ...and this world is not your true abode! ...but, it is! ...you are not an

unknown person in an unknown world! ...and you are not on loan for a special purpose ...which you must discover and fulfill! ...you are here by your own choice ...and promise!

14. You were "borne" into this life with the promise of a life of intimate involvement ...but it seems you have forsaken yourself to live a loanerself, which was for you to particularize and personalize as you desire ...not for you to adopt and become!

From the beginning of mysticism and the religions of god, revelations have consistently proclaimed that you can, at any moment, shed your cloak of ignorance about (god and) who you really are ...and live the resplendent illuminated being you are! ...but now you know this is not about spirit or a spiritual path ...this is about repersonalizing your loanerstemcell-body and self to correctly portray and serve you as the universal being you are!

- 15. Your personalized stemself has frequently been referred to as your eternalsoul! ...can you understand that the framework of your stemself is eternal ...but what you particularize and personalize is not?
- 16. 9f, according to the religious of god, you insist that god created Adam and Eve ...or other originalbeings, at least say that god created the framework of Adam and Eve! ...or of an originalself or ego for you to particularize as you desire today!
- 17. Ego is about self ...your personalself! ...and though ego seems to be an exaggerated sense of self ...it is actually a true realization of your universalself and life ...not an exaggeration at all, but without an awareness of how to be and live that expansive sense of self! ...ego also reveals that your present personalself is not the body and self you desire to live! ...therefore, instead of eliminating ego, look closely at the EGO framework of yourself! ...have you particularized and personalized yourself as you would truly desire to be eternally ...and universally? ...if so, continue! ...if not, focus on being anew!
- 18. While many teachers declare that you are *mistaken* in considering your ego to be who you really are, ...actually, it is those teachers who are sadly mistaken! ...for the EGO you have built is exactly who you are! ...but you don't believe this because you've experienced too many pains, problems and ailments living the loanerself you've adopted ...haven't you? ...and others constantly remind you of that ...don't they?
- 19. Believe it or not, your difficulties in life indicate you are still struggling with and against your original stemself ...or loanerself! ...that was an EGO framework for you to build upon ...not a self to embrace and become ...or unfold!
- 20. Are you willing to let your loanerself be someone you met briefly and knew intimately ...and then released?
- 21. Living as a particular universalbeing begins with giving life to the eternalself you truly desire! ... of course, this doesn't have to be a painful process, ... you made it

painful in the past ...even to the point of resisting your true desires to "follow your heart" ...and emotions! ...you've started and aborted this process many times ...so, what will you do that is different this time?

22. Living as a particular universalbeing at this time is like turning the clock back in your life to become a new self! ...do you have a soulself? ...no! ...a trueself or EGO is you as a universalbeing! ...and everything around you is created for you as a universalbeing!

The "things" of the universe have no meaning or importance [Book 14]! ...but this does not mean that things are meaningless or unimportant! ...or ineffective! ...or illusions! ...nor are they things you should free yourself of ...or live over and over without attachment! ...so get all of these matters out of your mind!

Since things of the universe are without meaning or purpose ...you can perceive and use all things as you desire ...for any purpose! ...and attack any importance and significance to that you desire ...without limiting yourself in any way! ...actually, the universe being without meaning or purpose frees you to be and live as you truly desire! ...and your actions clearly reveal you!

- 23. Get attached to actions! ...for, in a universe that only reacts ...reactions reproduce or transfigure your actions! ...and that portrays you and the self or EGO you are creating and living! ...are you living the particular universalself you are ...or the loanerself you constantly struggle with and against?
- 24. Think about "self" ...what does this mean? ...is it "you"? ...is it your body and soul? ...if so, what is "soul"? ...is soul an everlasting you that evolves through many lives until it unites with its source? ...all of these descriptions and images are somewhat comforting ...considering the prospect of death and loss of being alive, but they cannot stand any real scrutiny!
- 25. You need an image of your self and life you've not heard of or considered before! ...you need to begin your life anew in a body and self and universe you never even imagined before!

Since the universe can never act ...but can only react ...and has constantly and consistently reacted over and over since its becoming a universe [Book 2] ...and only reacts today! ...when people came along with their language ...and saw and experienced the reliability of the universe's reactions, they called those constant and consistent reactions the laws and rules of the universe! ...and, in assuming those laws and rules were created to command the universe ...god was born to rule the universe!

26. What's really in a name? ...call the universe's responses *laws and rules* ...and god commands the universe! ...call them *reactions*, which they are, and you command the universe [Book 19]! ...that's a promise!

Since the universe only reacts, a random reaction that "succeeds" in one area of life is repeated again and again in other areas! ...as matters react in your body ...they react in your self! ...and as your body expands and develops from a framework of stemcells ...your self expands and develops in all areas of life from a basic stemself ...or loanerself!

All dead-end reactions and results depower and decompose to data-information! ...it's as though the universe starts over for a new becoming!

27. The same is true for you! ...for, unless you awarefully continue yourself, death turns back the clock on your stemself for a *new becoming!*

It wasn't until 1963 that two researchers "proved" the existence of stemcells in blood, ...and human embryonic stemcells were not isolated until 1998, ...therefore, it is probably safe to say that you are not too familiar with your stemcells ...and most healing specialties are not founded on, nor knowingly dealing with, these vital little building blocks of your body! ...nor are you or healers properly dealing with your stemselfs ...and the framework you are building your self and identity on!

- 28. As random data-information in an environment of memory rained the universe that reacts random events which you can particularize and personalize as you desire, ... a random *stemself* originally existed for you to particularize and personalize as well!
- 29. This stemself is a line of primitive selfs that serves as the basis for subsequent selfs ...and directs those selfs, ...just as DNA serves and directs the foundation of your body! ...this line of ancestorselfs is your provenance [1B]! ...but, it is more than a pattern ...it is a motif ...it is a recurring theme that is you! ...it is not a standard for you to live or become ...or unfold!

Stemcells of your body divide and create two kinds of cells! ...they create more stemcells that renew or replace older stemcells ...and they create daughter cells that become the specialized cells of your body!

30. In much the same way, your stemself, reacting to you, provides new stemselfs to renew or replace your older selfs ...or selfimages! ...and your stemself provides additional random stemselfs you can specialize as an identity you prefer!

With the restriction that federal funds could not be used for research with human embryonic stemcells ...and because private funds were limited, researchers developed methods for generating stemcells of embryos ...instead of using embryonic stemcells directly! ...in 2004, embryonic stemcells were generated from healthy people, ...then, later, stemcells were generated directly from afflicted patients!

31. Previously, because body and self were considered sacred creations of god ...just the thought of a *random* stemself was denounced as blasphemous! ...and seeking to discover a stemself was a sacrilegious act, such that only now are you in a position to discover your true provenance ...or stemself through imaginative-minding [Book 3E]!

- 32. Your loanerself is the framework upon which and from which you can form your personalself-eternalself as a resplendent illuminated being [Book 8]!
- 33. Unless you create a stemself and an emprise (Book 13) you would willingly be and live eternally, at death ...your stemself is cleansed ...such that only the motif or provenance of yourself remains and recurs ...not you!
- 34. 9s it asking too much of you to consider your stemself, which you are forming and embodying over and over, an abiding emprise that is creating you? ...you did not come to life to learn, grow, develop ...to evolve and unfold yourself! ...you came to life to renew, reveal ...and advance a *new way* to live as a *particular* universalbeing without loss or lessening of yourself as universal! ...is that too difficult or too unusual to consider?

Stemcells form every part of your body ...including the skeleton upon which your body is built! ...in this, it is safe to say that stemcells are the source of your body, the frame upon which it is formed, and the nature and appearance of your body!

35. Stemselfs are the source of your self, the framework upon which your self is formed, and the nature and appearance of yourself! ...to live and not know the stemself you are building upon ...or the self you have constructed is to live without a real identity ...or to live a false identity! ...so, who are you? ...what are you doing here? ...what is your life all about?

9n 2006, instead of creating embryonic stemcells, researchers stripped ordinary cells ...and wiped them clean of all genetic preprogramming and returned them to an embryonic-like-state without creating an embryonic condition! ...in fact, it turned out rather simple to cleanse particular cells in this way! ...these cleansed cells are called *induced pluripotent* stemcells!

Cleansing particular personal cells to pluripotent stemcells reveals that under the covering, appearances, programming, and functioning of individual cells there is a universalcell ...or stemcell!

- 36. Cleansing your loanerself ...or even a realself, reveals that under the covering, appearances, programming, and functioning of a particular self there is a universalself that is truly you!
- 37. Though you probably don't realize it, in being and living your loanerself and environment you are a dinosaur in your body and self and life today ...and you have a loanerbody and self ...and loanerenvironment to cleanse ...and "begin again"!
- 38. If all of this sounds strange, remember, today's strange-sounding actions are frequently tomorrow's breakthrough to a universalself ... so, let's continue!
- 39. Cleansed of your programming and memories, there is a self-replicating universalself that is the source and framework and life of you! ...so, do not rely on

religion's god, for he is not the source of you ...you are! ...is it possible for you to consider yourself simultaneously particular and universal?

- 40. At death, you cleanse yourself of your particularself and return to a stemself ...a universalself! ...it is this particular universalself ...or stemself that carries memory of all prior particular and personal selfs you have chosen!
- 41. Do you suppose it is possible for you to cleanse your soul ...or give yourself a whole new soul to live? ...think of the possibilities! ...what different soul would you consider being and living?
- 42. Living and expressing only through a particular personalself limits perception and awareness of yourself and life! ... are you willing to expand and extend your personal realizations as a way of self and ego ... not a self itself? ... you today are one expression of your stemself ... your universalself!
- 43. Cleansing a particular cell to a stemcell does not show that you are living or expressing falsely ...or portraying yourself improperly, for, no matter what you live and express ...you are still a stemself! ...a universalself expressing in a particular way!
- 44. Being a particular or personalself does not restrict or limit any awareness of your universalself and life ...for at the core of yourself today is your stemself ...or your universalself available through memory and imaginative-minding! ...not discontenting yourself about any particular matter or self enables you to realize and express your universalself however you desire in any moment or situation!
- 45. The equivalent of cleansing and rededicating your loanerself today is that though you have given over your universal nature to be embodied particular, you have not, in fact, forsaken your universal nature!

You see skin cells ...and you can sense heart, lung, and liver cells functioning ...and cells forming all other organs and appendages of your body ...but you do not normally recognize stemcells ...the source of your body! ...nor do you normally recognize your EGO or universalself ...the source of your self! ...just as stemcells are divine ...and all-powerful compared to all body cells, your stemself is your divine universalself!

- 46. You sense your loanerself functioning in a particular way ...and, unfortunately, in that, you lose sight of your universal nature! ...but, you continue sensing your universal nature! ...and that discontents [Book 23] you ...and outpictures as pains, problems, and afflictions in your body and life!
- 47. Regardless of any belief about a life review and judgment at death, regardless of any belief in reincarnation and on-going karma and debts, and regardless of your belief in seeking forgiveness of sins ...your particular stemself can be wiped clean of your loanerselfs and primitiveselfs ...and also the dominant theme that has been you for

so long ...such that you clearly "become" anew! ...or, in your life today, you can strip your stemself of old beliefs, of programming and preprogramming, and of languaged thoughts and memories ...and become anew! ...religions of god refer to this in one form or another as being "born again" ...and you might say this is essentially true! ...but this is a natural process for everyone ...not a spiritual or religious practice! ...are you beginning to understand how language, spirit, and god-religions completely distorted this and other natural processes to their beliefs and dogma ...and teachings?!

- 48. In the middle of your life today, you can become anew as a self-induced pluripotent stemself ...or universalbeing! ...which means you are flexible ...not "fixed" by previous beliefs and actions, by programming and preprogramming, or by thoughts and memories about your self and life today ...and your future! ...of course, you can continue living your self and language and beliefs "as usual" ...such that "as usual" will continue and be your future!
- 49. Your life and actions reveal that your greatest desire is to be happy ...and continue! ...in fact, your search for happiness and continuing is the dominant theme or motif of your self and life today! ...these desires consume your fundamental beliefs, thoughts, attitudes, emotions, words, and actions ...your understandings and experiences ...and your memories ...such that you have very little time or energy to live as you truly desire! ...is that what you want to continue?
- 50. As a universalbeing ...continuing is a non-issue! ...and happiness is better-lived as "not discontenting yourself" ...such that these matters no longer dominate your self and life! ...living as a communioned particular universalbeing frees you to be and live as you personally desire!

Today, researchers can create unlimited quantities of a patient's stemcells, which means asthmatic patients ...who won't let go of one breath or attitude to take in a new breath or attitude ...or cancer patients with cells or beliefs out of control ...can be treated with their own stemcells that are transplanted to replace lung tissues damaged by asthma, and other tissues and functions damaged or threatened by cancerous cells ...without the problems of rejection! ...and, of course, heart and liver patients ...or others can grow their own tissues from stemcells as needed!

Patients can now use their own cells, stripped of their programming and memories, to repair or replace any damaged or dysfunctioning body cells and tissues!

Recently, instead of completely cleansing a patient's cells of all the programming and genetic memories to create personal stemcells to be reprogrammed for repairs and replacement, researchers were able to partially cleanse pancreatic cells that do not produce insulin ...and reprogram them as a type of cell that does!

51. In the same way, instead of cleansing the whole of yourself for reforming ...some selfs may be cleansed and reprogrammed to function as you truly desire!

...therefore, if you are seeking a healing designed specifically for you ...look to your stemself and stemcells!

Another vital use for induced pluripotent stemcells is that, for the first time, researchers can watch many diseases develop and progress from an early stage! ...and, by using stemcells created from a patient's personal cells, researchers can actually watch that patient's particular disease stem or become active and move forward ...and follow its progress to its present state in the patient! ...and physicians can even continue the process further ...and develop patient illness -specific treatments ...and even intervene early in the illness' progress ...instead of waiting for symptoms to develop ...and then merely treating the symptoms without any real awareness of the illness' progression beneath the symptoms! ...actually, there is no real treatment in a "symptom relief process" ...for the symptoms frequently obscure the illness process ...such that, after symptom relief ...the illness rages on!

Certainly, you are now beginning to sense that to live the self and life you truly desire ...it is important to deal with the true nature of your body's stemcells ...and the universal nature of your stemself! ...and to properly restore and renew you, healers must do the same for others! ...symptom-relief merely temporizes!

- 52. Closely observing your stemself enables you to see the coming and progress of unwanted matters in your self and life ...and enables you to create specific remedies and solutions ...rather than endlessly trying to relieve the symptoms and problems in your self and life today ...and in your body!
- 53. You see what you believe ...and then believe what you see! ...knowing this, you have an opportunity to change your body, self, and life today by altering what you believe ...despite everything you believe you've seen and experienced! ...actually, you can act upon what you prefer believing ...and that will be your self and life! ...but, remember, you can't just believe and hope ...you must act fully upon what you prefer believing ...just as you did for the beliefs you now want to get rid of! ...this is true sentience! ...though some would declare it is "spiritual realization"! ...but this is not an awareness of what is, it is an awareness of what can be for you!
- 54. Disregarding what you believe ...and have seen and lived and experienced all these years for what you prefer believing is a self-declared step to illumination! ...to illuminating your abiding universalself! ...which, by the way, is not illuminating the darkness ...it is illuminating yourself to darkness ...the natural condition of the universe!
- 55. Resplendent illuminated beings (Book 8) do not rely on others for enlightenment; they walk in darkness and illuminate their own way! ...which is why you never seem to know yourself, ...you are looking in all the wrong places!

One dark night, a drunk was discovered crawling around on his hands and knees under a streetlight! ...and when asked by a policeman what he was doing ...he replied, "9 lost my car keys!"

- "Exactly where did you lose 'em?" the policeman asked!
- "Down there!" ...the drunk declared ...pointing to his car parked down the block!
- "Then why are you looking up here?" …the policeman asked …a bit irritated!
- "... `cause tha light's better up here!" ...the drunk declared confidently!
- 56. Do not look in the light for what you lost in the darkness! ...if you lost yourself in darkness ...don't be foolish ...seek in the darkness of yourself, ...for what you want will not be found in the light!
 - 57. Seeking in the light is to see only what is presented and what appears!
- 58. Ask yourself, "Who am 9?" ...and answer, "Who 9 make myself be!" ...you are here to make yourself who you prefer being! ...and if you ask, "What is the meaning of my life?" ...know that the answer is to live fully who you've made yourself be! ...are these questions and answers sufficient for you? ...most people would declare that just asking these questions is a step into the light! ...but answering them is a probe into the darkness of yourself ...the natural state of yourself and the universe! ...light is the aberration!
- 59. Cells in your body ...and beliefs in your self are equivalent! ...and, as cells are particular to your body ...beliefs are particular to your self! ...actually, your cells are so personal that your body rejects "foreign" cells! ...your beliefs as well are so personal that you reject foreign beliefs ...and continue your self and life "as usual"! ...is life "as usual" what you want to continue?
- 60. Cells are tiny mindful beings that only react, ...but, of course, you can command your cells as you command the universe ...with actions! ...you put your cells into action ...just as you action your beliefs!

9s it possible for you to understand that as the universe only reacts, your body only reacts ...as well? ...therefore, you are not a spirit functioning a body through thinking! ...your body only reacts to the actions of self! ...and the actions of self are far-different than embodied actions!

What you believe, think, feel, or desire does not command the universe! ...and those mindings do not command your body either! ...for, like the universe, your body only reacts to your actions! ...you do not think your body into action! ...you think your self into action ...and your body reacts to the actions of self! ...are you beginning to understand the vital importance of self? ...self is not an illusion, a false personality, or the by-product of thinking or feeling! ...but there is even more!

When you action your self, your body personifies and personalizes those actions for you to observe! ...and the universe transfigures your actions so you can observe yourself as a

universalbeing in action! ...do you understand this? ...or is all of this just too much to believe?

- 61. Stemcells ...as the basic unit of structure and functioning of your body are equivalent to the basic beliefs of your self! ...what are your basic beliefs? ...do you know? ...this is important! ...in fact, knowing your basic beliefs is vital! ...because each aspect of your self and life is composed of and built upon a specialized group of beliefs functioning as a communioned whole!
- 62. Seeing and understanding your basic beliefs is fundamental to knowing yourself ...and the life you are living! ...your stemselfs enable you to realize and assess your basic beliefs ...or "try them on for size"! ...and your body of stemcells enables you to put these basic beliefs into action and see how they function for you!
- 63. Are you willing to be consciously aware of the quality and strength of the beliefs you embody your self and life with? ...to see if they are as enduring and universal as you think they are ...and truly prefer them to be? ...and to know those that may be functioning against the self and life you truly desire? ...you are not being tested in life ...you are testing your beliefs and self! ...if "testing" is actually the correct word!
- 64. Your mindful cells and beliefs ...and selfs thrive in the supportive world and environment that is you ...just as you live in a benevolent universe that transfigures your every belief, thought, attitude, emotion, word, and action ...and every desire and experience you are willing to put into motion!
- 65. What do you put your confidence or trust in? ...remember, a belief you have to defend is not worth defending! ...neither is a self you have to defend! ...are your beliefs and selfs convincing and credible? ...or questionable? ...what is your vision of life? ...and your place in life?
- 66. Do you live your own beliefs ...or adopt and adapt others' beliefs? ...are you living your trueself? ...or a "let's pretend" loanerself? ...who do you trust? ...what do you put your faith in? ...are your beliefs reliable? ...are your beliefs truths or theories? ...do you love and cherish your beliefs? ...are they dear to your heart? ...are your beliefs respected and admired? ...whatever your beliefs may be, they form the foundation and environment of your self and life! ...just as stemcells form the foundation and environment of your body! ...even if it is a loanerbody!

Now, let's consider "universal beliefs" ...also known as stemcells, because, like stemcells, universal beliefs divide and create other universal beliefs ...and particular beliefs just for you!

Like embryonic stemcells, you gradually personalize universal undifferentiated beliefs as particular beliefs you prefer! ...and put them in action in your body and life! ...such that now you have many specialized beliefs ...and few, if any, universal beliefs available! ...the problem

with this is that while your personalized beliefs will serve you, they may limit and restrict you! ...they are temporary! ...and they are in constant need of repair, renewal, and replacement!

- 67. Are you willing to create a universalself and life on such fragile and unreliable beliefs? ...will you continue struggling with and against the mythical beliefs offered by ancient people and god-religions? ...or will you live the personalized universalbeliefs you truly desire?
- 68. Unchanged beliefs become repeated experiences which become habitual perceptions which become continuous judgments and habits and actions which then become repeated experiences that affirm your beliefs! ...and all of this becomes a groove or rut in your thinking, a fixed pathway in your brain, and unchanging beliefs in your body and life! ...and this, unfortunately, is not merely a habit ...it is an addiction! ...you are addicted to your unchanged beliefs and ways!

In asking you to universalize your personal beliefs, we are asking you to strip them of your languaged programming and EGO ...and create "self-induced universal beliefs" ...also known as stemcells, to repair or rebuild your self and life ...and body! ...and become anew!

- 69. Are you willing to cleanse yourself and your beliefs of your languaged programming and memories ...and of your EGO ...no matter how precious your beliefs are? ...so you can renew and expand your self and life ...and be and live what you truly desire ...but have not experienced directly?
- 70. Asking you to cleanse your self and beliefs of EGO ...is far different than getting rid of ego! ...for, as DNA encodes your body's ancestors, EGO encodes the ancestor-selfs chosen as provenance for your self today! ...those who define ego as "an exaggerated sense of self" ...and tell you to "rid yourself of ego" are trying to keep you confined to your present sense of self! ...we are asking you to greatly expand your sense of self as a universalbeing, to cleanse certain undesirable ...or no longer desired selfs from your EGO provenance, and live as a communioned particular universalbeing today!
- 71. In the past, having chosen and experienced what seemed to be an undesirable self ...you "blocked" your previous selfs from memory ...and, unknowingly, built your present self upon the foundation of that undesirable self! ...yet, you still "sense" yourself greater and finer than that!
- 72. The purpose of this knowledge is to help you move beyond that "blocked self" ...to actively live a more expansive and extensive universalself again!
- 73. If you are a healer, are you willing to create "induced universalbeliefs" for your patients to live? ...and help them renew their body, life, and self with universalbeliefs?

...are you willing to help others see, through self-induced universalbeliefs to the universalbeing they are? ...only this is healing!

- 74. Have you ever looked carefully at yourself? ...and your basic beliefs? ...if so, who are you? ...what do your beliefs reveal about who you are? ...are you particular or universal? ...are you living eternally ...or temporarily? ...are you living as a particular personalbeing in a temporary life? ...as a cosmicbeing in an eternallife? ...or as a universalbeing?
- 75. As a particular cell is an embodied and dedicated stemcell! ...a particular self is an embodied and dedicated stemself! ...and a particular life is an embodied and dedicated stemlife! ...have you embodied and dedicated your self and life today as you prefer being eternally? ...if not, then death will cleanse you of your present embodied and dedicated self and life for you to become anew!

Continuing after death has nothing to do with a place such as "heaven" ...nor is continuing a state of mind or consciousness! ...continuing after death is a state of memory and awareness! ...are you "stuck" in your present memories and awarenesses? ...have you forgotten to memory yourself as a universalbeing?

Death does not free you from your habits, misperceptions, and unchanging beliefs! ...death and resurrection merely enables you to change what you won't even consider changing while alive! ...and an embodied stemself enables you to "try on" any new beliefs and selfs!

76. Every belief, thought, attitude, emotion, word, and action ...the step-by-step story of your life depicts someone doing something! ...are you that someone? ...or, just as your body is yours but you didn't create it ...and it is not you ...just yours, just as your pastlives are yours but they are not you and you didn't live them, just as your dentist and mechanic and lovers are yours ...but you don't own them, and just as your beliefs thoughts attitudes emotions words actions ...your desires and experiences ...and your memories are yours but you don't own them either, is it at all possible for you to consider that you are not someone doing something in your life?! ...you gain many many benefits from this someone ...and every doing, but this is not you! ...like a dream, you are intimately involved in "watching" the story of this person's life slowly unfold ...but you are not this individual! ...is it possible for you to really really consider this?

Just as in reading an adventure novel or love story, though you are fully involved in the plot ...and closely identify with the main character's life ...and the joys and problems of the story, you are not really the person in the story! ...but, you can be just as completely involved in this story! ...and in the next novel ...and the next!

In watching a dream or reading a story and forming images of those actions and activities ... mirror neurons in your brain make it possible for you to feel the emotions and actions of those activities ... and feel them as yours!

- 77. No matter how involved you are with your self and life today, that "you", like the main character in a story or dream, is about someone *like you* ...but it is not you! ...for you are the observer ...who has a self and life outside of everything you feel yourself doing and feeling ...and being and believing!
- 78. Are you actively shaping and sensing the story of your self and life as you truly desire? ...or is the story creating you? ...and if the story creates and develops you, is it possible you are the character in the novel ...and the reader? ...the dreamer ...and the observer!
- 79. Sooo, are you the main character in the story of your life? ...of course you are! ...but, no! ...for you are also the observer with a completely separate and different self and life! ...are you willing to bring "that you" to light for examining and understanding? ...if not, you will remain an enigma ...an intentionally obscure being! ...a person not readily known or understood! ...does this seem familiar?! ...if so, you should know that all things in your life are "selfed" for you! ...nothing is left to chance ...unselfed!

Stemcells function through memory ...while particularized cells function through memories ...and function quite well and efficiently in doing the same thing over and over, ...however, the building blocks or fundamental selfs of illuminated beings are self-induced universalselfs! ...are you willing to cleanse all of your selfs of their programming and memories ...and live anew as an illuminated universalself ...called Resplendent? ...if so, begin by expanding your personal beliefs to universal ...and repersonalize them!

In cleansing particular beliefs of your old programming and memories, you can either strip them of your languaged beliefs and memories ... so they can "become anew", or you can expand your present beliefs to an awareful universal state of realization ... and realize yourself anew!

Translate the words of language into visions of imaginative-minding (3E) ...and your awarenesses and realizations will expand far beyond thinking!

On the past, it was declared that you have a developing unfolding eternal soul ...but what does this mean? ...what is a soul? ...is it an essence of you? ...or a covering or body? ...this soul of yours is not concealed within you ...it surrounds you! ...and it intimately portrays and protects you!

Do not look into the depth of your soul for true life ...look into the expanse of life all around you for your true soul!

- 80. Life is not about freeing yourself of mortal beliefs, conditions, and actions to live an unknown everlasting self and life! ...life is about communioning personal and eternal to emergent a resplendent universalself and life you truly prefer!
- 81. You are not a manifestation of god! ...you are manifesting a condition of godness wherever you are! ...your every action is a transfiguration [1D] of that!

82. Have you ever wished for or sought after a mystical encounter? ...hoped for a spiritual awakening? ...searched for universal beliefs and truths? ...or longed for a transcendental experience or happening? ...if so, know that you can have these experiences ...and induce these feelings by, first, ending your language-believing thinking judging ...which always becomes the source of your restrictions and limitations ...and your discontent!

You have spent most of your life as a personalbeing struggling to live and experience yourself as you personally desire! ...and to avoid death ...and gain eternal life! ...are you now willing to "expand" your beliefs and realizations ...and realize yourself more-expansively as an illuminated being awakened to universallife? ...which, as abiding life, is capable of existing without lessening or deterioration!

- 83. Even in continuing life or immortal life, you are subject to deteriorating! ...are you willing to live a universallife that is abiding ...and not lessening or deteriorating? ...is it possible for you to consider that as a universalbeing ...continuing is irrelevant? ...if so, remember, you can become anew with universallife through self-induced pluripotent universalbeliefs! ...or would you rather continue your present drama and struggles "as usual"?
- 84. There are no higher pursuits, divine realms, or spiritual needs which are not, in fact, customary pursuits, normal realms, and ordinary experiences when lived universally ...outside of your languaged-belieivng-thinking!
- 85. From this discussion of stemcells and stemselfs, loaner bodies and selfs, and universal beliefs ...are you beginning to see how you are personally embodying yourself? ...embodying your personal problems and illnesses? ...and even embodying your discontent? ...which, as aspects of your loanerbody and self, are not you or yours?
- 86. If you are now willing to become the source of a *new you* ...do not seek perfection ...or any degree or sense of perfection! ...for perfection only exists in your language ...not in the universe! ...instead, create yourself particularly universal! ...are you willing to relinquish continuing for universallife?
- 87. Whatever you decide and do, please, do not continue struggling to discover yourself, your divine or perfect self, your spiritual essence, or your truenature! ...for it is time to reclaim awareful ownership of your universalself and life from the deadly grasp of your languaging! ...for, in this emergent universe, you alone awaken and richly enliven and empower yourself to universallife ...or not!
- 88. Of course, you can continue living and struggling with and against your loanerself and body "as usual"!